



### A day with the Angels

A beginners introduction to connecting with the angels

**Thursday 10 February 2011, Saturday 12 February 2011**

This inspiring one-day workshop will allow you to connect with the beautiful and loving energy of the angels. What do Angels mean to you? How can you connect with them in your daily life and what messages are they sending to you?

Come and meet your loving Guardian Angel in a safe and nurturing environment and open the door to your connection with your own divine light.



### Connecting with the Ascended Masters

A beginner's introduction

**Thursday 20 January 2011, Saturday 29 January 2011, Thursday 24 February 2011**

This divinely inspired one day workshop will further your connection to the angels and introduce you to the Ascended Masters of the Light such as Ganesh, Kuan Yin, Buddha, Mary Magdalene, St Germain and Jesus.

In this safe, loving environment you will learn about the qualities and energy of the ascended masters and how you can work with them in your daily life.



**If your heart yearns for a connection to these divine and loving energies then this workshop is calling you!**

#### Workshop details:

Time: 10am - 4pm

Venue: 11 Monceux Road, Eastbourne BN21 1RD

Cost: £33 -A £5 non-refundable deposit will secure your place with full payment at least one week before. Please bring lunch or enjoy the choice of local cafes and parks.

### Traditional Usui Reiki Training - Level I

**Saturday 19 February 2011, Thursday 17 March 2011, Saturday 19 March 2011**

Attune to the fabulous energy of Reiki. Learn how to treat yourself, family members and pets. Includes certificate and Manual. \* Also ideal for those to recharge their Reiki attunements\*

### Traditional Usui Reiki Training - Level II

**Wednesday 1 December & Thursday 2 December 2010, Wednesday 2 March & Thursday 3 March 2011, Saturday 2 & Sunday 3 April 2011**

Attune to the fabulous energy of Reiki Level II and progress to become a Reiki Practitioner. Learn how to treat yourself, friends, family and clients. Includes certificate and Manual. \* Also ideal for those to recharge their Reiki attunements\*



#### Workshop details:

Time: 10am - 4.30pm

Venue: 11 Monceux Road, Eastbourne BN21 1RD

Cost: £90 for Reiki Level I Training and £250 Reiki Level II Training including refreshments. A 50% non-refundable deposit will secure your place with full payment at least one week before.

To book a space or for more information please contact Helen on 01323 732056,  
07979 815411 or email [info@healing-essence.co.uk](mailto:info@healing-essence.co.uk)

*Helen is Usui Reiki Master/Teacher. A Level II practitioner in Angel Reiki and Reyad Sekh Em. She has been Blissfully Awakened on the Spiritual Awareness and Self Development Course 'Blissful Awakenings'.*



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## Helen McCarthy Blissful Awakening 2010/2011 Workshops Booking Form

**Thank you for booking on your chosen Blissful Awakening Workshop and/or Reiki Training Level.**

### I would like to book the following workshop/s

A £5 deposit is payable to confirm your place on a workshop (please enclose with this form).  
Full payment is required 1 week before the workshop commences.

- Connecting with the Ascended Masters - **Thursday 20 January** (£33)
- Connecting with the Ascended Masters - **Saturday 29 January** (£33)
- A day with the Angels - A beginners introduction - **Thursday 10 February** (£33)
- A day with the Angels - A beginners introduction - **Saturday 12 February** (£33)
- Connecting with the Ascended Masters - **Thursday 24 February** (£33)

### I would like to book the following training

A 50% deposit is payable to confirm your place on a workshop (please enclose with this form).  
Full payment is required 1 week before the workshop commences.

- Traditional Usui Reiki Training Level II – **Wednesday 1 December & Thursday 2 December** (£250)
- Traditional Usui Reiki Training Level I – **Thursday 16 December** (£90)
- Traditional Usui Reiki Training Level I – **Saturday 19 February** (£90)
- Traditional Usui Reiki Training Level II – **Wednesday 2 March & Thursday 3 March** (£250)
- Traditional Usui Reiki Training Level I – **Thursday 17 March** (£90)
- Traditional Usui Reiki Training Level I – **Saturday 19 March** (£90)
- Traditional Usui Reiki Training Level II – **Wednesday 2 April & Thursday 3 April** (£250)

### In addition

- I would like to book a reiki healing session – date to be confirmed (£33 for 1 hr)
- I would like further information on healing therapies, workshops, or the Ascended Masters of the Light Oracle Cards

**Name: Mr/Mrs/Ms/Miss)** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_ **Postcode** \_\_\_\_\_

**Tel No. (day):** \_\_\_\_\_ **(Eve):** \_\_\_\_\_

**Mobile:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

I enclose a cheque to **Mrs H S McCarthy** for £ \_\_\_\_\_ per person x \_\_\_\_\_ = £ \_\_\_\_\_ total.

Date \_\_\_\_\_ Signature: \_\_\_\_\_

**(Opt in)** Please add my name to your mailing list. I understand that you do not pass on my details to other practitioners or mailing lists.

Comments: .....

Upon receipt of your booking form and deposit payment I will send an email confirmation to you, this includes details of the workshop or event, directions to the location and any special information you have requested.

Many thanks for your booking. [Helen McCarthy](#)